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Arnold Gehlen belongs - alongside Max Scheler and Helmuth Plessner – to the trinity of classics of philosophical and political anthropology. It is because of these three thinkers the anthropology has become an area associated with German philosophy. As a conservative, strongly embedded in political realism, Gehlen tried to defend man against the destructive influence of the new industrial society. The dissertation presents an analysis and a remedy for the problems of a modern political man by referring to Gehlen's coherent anthropological theory and challenges facing a modern political man. In particular, thinker focused his theory on the political dimension of the functioning of the individual in contemporary society. In the dissertation, threats presented by Gehlen, are confronted with the contemporary socio-political situation. The core of the work is the analysis of a modern political man based on the anthropological theory of the thinker. The dissertation also shows the remedy for the problems of modern political man in the form of a theory, thanks to which man will be better prepared to face both internal and external threats.